

Cat in the Hat room

12 – 18 months



Princeton Academy

A toddler is considered to be a true scientist, using trial and error learning. Our goal is to help young toddlers to develop their motor skills, their beginning language, and their social development.

Physical

We will be working with your young toddler to develop:

Gross Motor Skills such as:

- ⊙ Getting to a sitting position without help
- ⊙ Taking a few steps without holding on
- ⊙ Pulling up to stand, walking by holding onto furniture
- ⊙ Standing alone
- ⊙ Putting out an arm or leg to help with dressing

Fine Motor Skills such as:

- ⊙ Eating with a spoon
- ⊙ Drinking from a cup
- ⊙ Scribbling on own

Social/Emotional

We will interact with your young toddler to encourage them to:

- * Self-regulate when upset
- * Build resilience when faced with adversity such as Mom or Dad leaving in the morning
- * Develop “pretend play” such as feeding a doll
- * Sit with the group at circle time

Cognitive

We will be supporting your young toddler’s cognitive development by working with them to:

- ◆ Learn steps for proper hand washing
- ◆ Know soft touches
- ◆ Put things in a container, take things out of the container
- ◆ Know what ordinary things are for; example, telephone, brush, spoon
- ◆ Point to one body part
- ◆ Follow one-step verbal commands without any gestures; for example, sit when you say “sit down”
- ◆ Know “walking feet”



Language/Literacy

We will be working with your young toddler to develop these beginning language skills:

- ★ Knowing three signs in sign language: eat, more, please
- ★ Knowing their name
- ★ Trying to say words you say
- ★ Saying several single words