

# Princeton Academy

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## Our Mission Statement...

Princeton Academy is a program designed to provide a nurturing and secure environment that enhances every child's joy of learning.

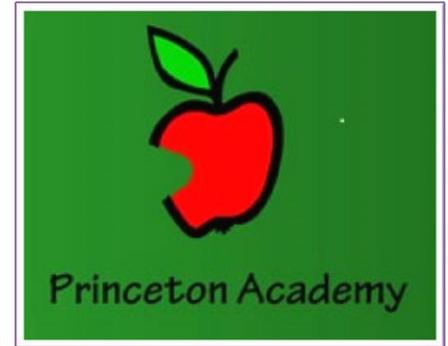
**Happy  
Valentine's Day**

## New Computer System for Princeton Academy

You probably have heard... we are working towards having an automated enrollment process. Watch for more information in the coming month. We hope to be up and running by March 1<sup>st</sup>! We will continue to update you on our progress. Please stop in to see me if you have questions about our new computer system!

## CCCAP has Implemented a "Waitlist"

Effective January 1, 2018, the Colorado Child Care Assistance Program (CCCAP) in El Paso County has implemented a waitlist. This waitlist will impact all new applicants in the CCCAP process beginning January 1<sup>st</sup>. We will no longer be able to provide pre-eligibility child care to potential new CCCAP participants as we will not be reimbursed. All families must complete your redetermination for services timely and accurately in order to remain on CCCAP. Child care will **only** be paid for by CCCAP if there is an authorization in place. Families without an authorization will be required to pay our private pay rates at the time service is provided. We are sorry for any inconvenience this may cause.



## Upcoming Events

### February 19

D-11 No School  
President's Day

### February 22

4:45pm to 6:00pm  
Culture of Wellness  
Parent Workshop

### March 9

D-11 No School  
Teacher Work Day

### March 26

D-11 No School  
First Day of Spring Break

## Important Announcements

- ✓ **"Like" & "Share" us on Facebook!**
- ✓ **"Congratulations" to Vanessa Limonez for receiving her Level 4 Credential in Colorado Shines! She is the Assistant Director here at Princeton Academy!**

## **Culture of Wellness Preschool Program**

**We kicked off our first workshop on Thursday, February 15, 2018. It was a success! We spent time talking about living a healthy lifestyle and why it is so important. We created (with the help of our children) a simple meal that could be prepared for dinner. That was a lot of fun for the children and their parents. Below is a list of dates for upcoming parent workshops for our Culture of Wellness Preschool Program.**

**February 22, 2018**

**March 1, 2018**

**March 8, 2018**

**Do you find it challenging to cook healthy foods? Does making time for physical activity feel impossible? Learn how to avoid power struggles with your children around food. Share ideas about meal planning and get some easy recipes! Learn about the fat and sugar content in food and drinks. Make fun, fast and healthy recipes at each workshop. Receive a kitchen gift at every workshop!**

**Please stop by the office or see Summar Haggerty to sign up. When you sign up I will enter your name into a drawing for a \$25 gift card from Wal-Mart! We would love for you and your child to join us. Space is limited so sign up today!**

## ***It Is Flu Season!!***

While flu illness can vary from mild to severe, children often need medical care because of flu. Children younger than 5 years and children of any age with certain long-term health problems are at high risk of flu complications like pneumonia, bronchitis, sinus and ear infections. Some health problems that are known to make children more vulnerable to flu include asthma, diabetes and disorders of the brain or nervous system.

Flu viruses are thought to be spread mainly by droplets made when someone with flu coughs, sneezes or talks. These droplets can land in the mouths or noses of people who are nearby. A person also can get flu by touching something that has flu virus on it and then touching their mouth, eyes or nose.

Flu symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headaches, chills, feeling tired and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.

### **Classrooms Posters**

Check out the "classroom" poster for your child's classroom to see what they are learning during the month of February. Every month we will have a different theme and activities. Stop in to see me if you have questions!